



## **London GfA Northern Grading**

**Levels 1 and 2**

**The Jean Brown Indoor Arena,  
Redbridge Sports Centre, Forest Road,  
Barkingside, IG6 3HD**

15th – 16th June 2019

## **Table of contents**

### Venue (PAGE 3)

- Directions
- Parking
- Tickets

### Event Personnel (PAGE 4)

- Competition organiser
- Head of Judging Panels
- Medical provision
- Welfare Officer

### Technical information (PAGES 4-5)

- Clubs
- Supervising coaches
- Assisting coaches
- Gymnasts
- Judges
- Equipment specifications
- Judges' meeting
- Coaches' meeting
- Gymnast registration
- BG Photography Policy

### Event details (PAGES 6-9)

- Competition timetable
- Event information
- Gymnast's attire
- Coaches' attire
- Judges' attire
- Electronic communications

### Appendices (PAGES 10-11)

- Letter for parents /guardians. Please email or print and give to parents where necessary.
- GfA Judges' Charter

## Venue information

**Address:** The Jean Brown Arena, Redbridge Sports Centre, Forest Road, Barkingside, IG6 3HD

### Tickets:

**Adult: £5.00**

**Concessions: £3.00**

**Concessions = 6-16 and 65+, fives and under go free**

**Electronic payment only**

### Getting there:



Ample parking is available for a charge

**By Tube:** We are located next to Fairlop Tube Station on the Central Line



On arrival at the Centre follow the road below PAST the first sports centre (red van pictured in photograph). The competition venue is the silver building top left. The Jean Brown Arena competition venue is pictured RIGHT. Please enter through the glass doors at the front and follow directions. London event staff (turquoise polo shirts) will be able to direct you.

## Event Personnel

**Competition organiser:** Helen Korro

**Judging convener:** Lauren Murdock

**Welfare Officer:** Contacted through the ticket desk or competition organiser.

**First aid:** There will be a first aider present during the event. The first aider may be contacted through the Welfare Officer or ticket desk. If required, ice packs are available from the Ticket Desk.

**Clubs:** Must be BG registered, LG affiliated and in North London.

**Supervising coaches:** Must have a current paid Gold BG membership, Current BG DBS & SPCA, & minimum level 2 qualification.

**Assisting coaches:** Must have current silver BG membership, DBS, SPCA & minimum level 1 qualification. Level 1 assisting coaches must be coaching within their coaching qualification and be supervised by a Level 2 coach.

**Gymnasts:** Must have current BG membership.

**Judges:** Judges require a current minimum Bronze BG membership & judging qualification. Judges must abide by the Judges' Charter.

**Equipment:** As in the competition rules.

**Judges' meeting:** There will be a judges' meeting at 08:30am each day, venue to be advised in the judges' information email.

**Coaches' meeting:** There will be a short coaches' meeting at the start of each round. Coaches who haven't been to the Grading event before should make themselves known to the competition organiser who will take them through the process in more detail.

**Registration:** Coaches will register their club on arrival. Individual gymnasts do not need to register.

**Photo Policy:** By entering an LG event, there is an acceptance that the participants may be photographed and the photograph may be published in LG communications. Any person wishing to use video, film or take photographs must abide by the BG 'Photography at Events' Policy ([www.british-gymnastics.org](http://www.british-gymnastics.org)).

Photos may only be taken for personal use. You may not take photos for sale, other commercial use, or publications in printed or electronic form, such as websites. Clubs may publish some photos of their own gymnasts, but this may only be done in accordance with BG 'Child Protection' Policy. Flash may not be used while gymnasts are warming up or competing. Any concerns about any photographer or the suitability of any photos being taken should be reported to the Welfare Officer at the event.

Coaches must not take photos or videos, while event rounds are running. Coaches who are spectators are covered by the same rulings as parents/guardians.

## Competition Timetable

Coaches should arrive 15 minutes before the gymnasts' arrival time.

### Saturday 15 June 2019

Round	Gymnasts Arrival	5 min Warm Up & Start	Finish
<b>1 Sat</b>	08.30	09.00	11.00
<b>2 Sat</b>	10.30	11.00	13.00
Judges and volunteers lunch break			
<b>3 Sat</b>	13.00	13.30	15.30
<b>4 Sat</b>	15.00	15.30	17.30

	Red Panel	Blue Panel	Green Panel	Yellow Panel
<b>1 Sat</b>	Beth Tweddle 12 Walthamstow 5 Amplitude 13	PBSC 33	Little Socks 26	Catleaps 31
<b>2 Sat</b>	Harlequin 26 Camden 8	PBSC 31	Highgate N'ton 13 Elite 18	Catleaps 32
<b>3 Sat</b>	Flipstars 37	PBSC 31	Elite 35	Catleaps 31
<b>4 Sat</b>	Kingfisher 29	PBSC 10 NELGC 24	Elite 35	Catleaps 32

### Sunday 16 June 2019

Round	Gymnasts Arrival	Warm Up & Start	Finish
<b>1 Sun</b>	08.30	09.00	11.00
<b>2 Sun</b>	10.30	11.00	13.00
Judges and volunteers lunch break			
<b>3 Sun</b>	13.00	13.30	15.30

	Red Panel	Blue Panel	Green Panel	Yellow Panel
<b>1 Sun</b>	Redbridge Lions 30	EJB 32	OK 30	Catleaps 33
<b>2 Sun</b>	Jax 21 East London 9	EJB 12 Bridge Park 19	OK 17 Jaybee 15	Catleaps 33
<b>3 Sun</b>	Islington 14	Calypso 18	Jaybee 23	Catleaps 30

**Event info:** Coaches should arrive 15 minutes before their gymnasts' arrival time. If a coach from the club is not present then gymnasts will not be allowed into the Grading Arena.

On arrival the coach will register the club and collect the gymnast's certificates which will act as their number in competition and must be handed to the judges on each piece of apparatus.

Gymnasts will go to their Panel Area with their coaches, they should NOT bring any bags or clothing with them. Gymnasts should arrive in their competition attire.

Running order is per club rather than per gymnast. If a club has more than one slot then they decide which gymnasts are in which round.

Gymnasts at L1 within their club should be the first to compete, followed by L2. Can coaches please order gymnasts appropriately and signal to judges when L2 is starting. Half the gymnasts in the group from a Club should start on the vault station and the other half on the floor station.

Apparatus stations are grouped together so that a Panel has vault and floor equipment together. Once a gymnast has performed their first piece of apparatus they wait to do their second.

Please ensure you have a MINIMUM of two coaches, but this can be more. You will have gymnasts on floor and vault at the same time and will also **need to be taking gymnasts back to parents once they have competed** so ideally a club would need four coaches or coaches plus club volunteers who know the gymnasts and parents.

Organisers reserve the right to start each round up to half an hour earlier than scheduled, expect for the first round of each day.

**Warm up:** A fun group warm up will take place to music in the competition arena at the gymnast's competition Panel area. All gymnasts will do the same warm up together led from the front of the hall.

Gymnasts will then get one run through of their floor routine individually on the floor area. For Vault they will get 2 vaults to practise. The best of two vault scores will count for their stickers.

Please remember Level 1 & 2 are introductory levels where gymnasts are competing against themselves to win a medal. Judges will be sympathetic to the fact that some gymnasts have

no competition experience and may be nervous.

**Gymnast attire:** Gymnasts should arrive ready for competition. No bags, coats, tracksuits should be taken into the competition arena and should be left with parents /guardians.

Girls: Appropriately fitting, long or sleeveless leotard, tight fitting shorts can be worn, gymnastics shoes may be worn.

Boys: Appropriately fitting Sleeveless leotard and gymnastics shorts, gymnastics shoes may be worn.

All long hair must be tied up. Jewellery, body piercing and similar adornments are not allowed

**Coach attire:** In line with BG regulations, coaches must wear club tracksuit or polo shirt, tee-shirt and long track bottoms. Footwear should be clean trainers or socks. Coaches will not be allowed on the floor if wearing inappropriate clothing or jewellery and their gymnasts may be removed if an alternative coach is not present. Long hair must be tied back and bags should not be held whilst coaching.

**Judge attire:** Judges and officials must wear black/blue suits, skirts or trousers with jackets and white shirts with black smart shoes. Please see Judges' Charter in Appendix.

**E-comms:** Apart from as required for the running of the competition, gymnasts, coaches, judges and officials must not use mobile phones or any other electronic communication devices including tablets, to make calls, take photographs or be used for other forms of communication in the arena during the event.

**Scores:** No scores will be given. Gymnasts are banded according to the score given by judges. These scores will not be announced or published. Every gymnast will receive a certificate and medal for the overall mark they achieve. There will be no placings, just bandings. At levels 1-2, to earn a Gold, Silver or Bronze medal the gymnast must achieve between the following scores:

Floor thresholds for Levels1-2		
Gold = 9.1 to 10.0	Silver = 8.3 to 9.0	Bronze = 8.2 or below
Vault medal thresholds at Levels 1-2		
Level 1	Gold = 9.7 – 10.9	
	Silver = 9.0– 9.6	
	Bronze = 8.9 or below	
Level 2	Gold = 10.4– 11.8	
	Silver = 9.6 – 10.3	



**Presentation:** There is no presentation ceremony. Once each set of judges has placed a sticker on the gymnasts' certificate (2 stickers overall), coaches should escort gymnasts in groups to the medal area to await their parents before going to receive their medal. **Please ensure you have enough coaches with you to manage coaching the gymnasts and escorting the gymnasts back to their parents.** Gymnasts and parents will then be able to go to the London Gymnastics display area to take photographs.

**Appeals:** There will be no appeals process at this event.

**Please note:** Chewing gum is not permitted at any time.

**Parents:** Please ensure parents are given clear information on the competition. We have provided an editable parent's letter with all the relevant information about the event.

Everyone involved in organising the event is a volunteer and should not have to deal with parents who are being abusive because clubs have not provided them with the correct Grading information. If there are any instances of abuse to staff then the perpetrators will be asked to leave and if they do not the police will be called. Please help us to avoid these situations by ensuring your gymnasts' parents are fully informed.

**Remember:** While this is not a competition, grading provides an opportunity for younger gymnasts to get used to performing in public at a larger type of event before they progress to the Zone competition. Gymnasts must be a certain age to perform at each level. This starts at age 7 during year of competition for Level 1 and progresses up by year for each level from there on. This means to enter the Zone at Level 3, a gymnast must be aged 9 during the year of competition.

## LONDON GfA GRADING EVENT

To the Parent / Guardian of \_\_\_\_\_

**Venue:** Jean Brown Arena, Redbridge Sports Centre, Forest Road, Barkingside, IG6 3HD

Your child is taking part on: **Saturday 15<sup>th</sup> June / Sunday 16<sup>th</sup> June** in the Level 1 / 2 Grading event in Round: **1 Sat/2 Sat/3 Sat/4 Sat/1 Sun/2 Sun/3 Sun**.

**Please arrive at the venue at:** (insert time).

There is ample parking at the venue, but there is a charge. On arrival, there are signs and staff in the arena to guide you. At NO time will any parents be allowed on the competition floor or gymnasts allowed back into the audience.

Programme timings are subject to change. **Organisers reserve the right to begin half hour ahead of published timings except for round one.** Please note the event will not be held up if gymnasts do not arrive by their allocated time.

All gymnasts competing will receive a medal according to their score. Once a gymnast has completed both their floor and vault, coaches hand that gymnast to their parents or guardian who takes them with their certificate to receive their medal from the medal table. Photographs can be take in the London Gymnastics photograph area. There is no official photographer.

**Gymnasts should wear:** (insert clothing requirements)

**Long hair:** (insert instructions)

No bags or clothing can be taken into the competition arena with the gymnasts. They should arrive at the venue in their competition leotards, so that they can go straight in. Parents should keep their children's belongings with them.

Spectator tickets are £5.00 per person for the day, £3.00 for those aged 6-16 or over 65, fives and under go free. **Electronic payment only for tickets which are available on the door.** Gymnasts also gain free entry on the day they are competing. The Zone Leotards will be available to buy either in cash or using major credit / debit cards.

If your child is unable to compete please let the club know immediately. Please do not use FLASH photography during the grading event as this can distract and upset gymnasts. Parents may not contact the organiser.

Many thanks,  
(Insert name of club)

## **GfA Judges' Charter** (Information for Clubs and Judges)

1. It is important that all clubs wishing to be involved in London GfA Competitions provide a judge who is qualified to at least, Level 1 Judging courses. Club and Regional level (and above) qualified judges in other disciplines may also be acceptable at our competitions.
2. Clubs must nominate a named judge or judges for each weekend of competition in which they are entering gymnasts.
3. Nominations of judges are part of the Competition Entry system – it is the club's responsibility to ensure that their judges are listed on the BG system.
4. Clubs must ensure that the Judges are aware that they will be required for the whole weekend. Only in exceptional circumstances will judges be able to be nominated for just one day of a weekend, and this can only be done following discussion with, and agreement by, the Judges' Convener.
5. It is clubs responsibility to ensure that their named Judge is fully aware of the dates and times for which they have been nominated.
6. Any club that does not have a nominated judge available for the whole weekend in which they have competitors will be fined £200.00 per day of competition.
7. The list of all judges will be circulated to clubs and judges, where appropriate. Clubs have a duty to pass this information on to their Coaches and Judges.
8. Judges wishing to withdraw and/or change their rota must inform the Judges' Convener within two days of receiving the list, taking into account the following:
  - Where a nominated judge withdraws from the published programme and cannot be replaced by the club, then that club will be fined £200.00 per day of competition. If a club arrives on the day of competition without a judge and cannot pay the levy immediately they will not be permitted to compete.
  - Exceptional circumstances for withdrawals will be taken in consideration.

### **JUDGES**

1. You must arrive in good time for the Judges' Meeting and be wearing appropriate attire and shoes.
2. You must behave professionally at all times, this includes not making audible comments or making facial expressions about a gymnast's performance.
3. If a coach, parent or volunteer approaches you with regard to a score, do not enter into a discussion, but refer them to the Head Judge for your Panel.
4. Be pleasant to all competitors, other judges and volunteers - a smile costs nothing.
5. Before leaving the arena at the end of the day, check with the Judges' Convener that is correct for you to do so.
6. Judges who do not abide by the Charter risk not being eligible to judge at future competitions.